

INFORMED CONSENT

(to be carefully reviewed and signed by the child's legal guardian)

All of our mental health professionals are registered, certified, or licensed as required by law and are held to the highest of legal and ethical standards. We are also committed to your rights of information regarding office policy, non-discrimination, confidentiality, consent, and competent service. If you have any questions or concerns, please do not hesitate to tell us. For further information visit our website <http://www.wellnesscentre.ky>, call us at 949.9355, fax 949.9433, or email info@wellnesscentre.ky. In case of a mental health emergency call 911 or proceed to the GT Hospital for urgent care.

Child Safety Policy

The Wellness Centre Ltd operates an open door policy as it relates to the service of children under the age of 18 years. Although most therapeutic services are conducted behind closed doors between a child and their primary therapist, if at any time a parent wishes to do so, they may enter their child's therapy session without knocking or advanced notice.

Confidentiality

Unless you grant us permission to do so in writing, we will not inform anyone that you are receiving therapy, nor will we disclose the content of your treatment. Additional consent will be required for The Wellness Centre to provide treatment to minors and to exchange information to a third party. Family matters will also require consent from all primary adults involved before treatment materials will be released. You may revoke your permissions in writing at any time. Please note that client records will remain property of The Wellness Centre for a period of 10 years, after which time they will be destroyed. We function as a clinical team at the Wellness Centre and therefore utilize internal peer supervision and consultation regularly as well as professional external consultation and supervision as needed. Any para-professionals, administrators, or interns are also bound by our strict ethical code of confidentiality; they are bound by a written declaration of fidelity to confidentiality.

There are few circumstances when we have a legal obligation to disclose information without your written permission:

- **Harm to a Child/Elderly Person/the Disabled:** In the event that we are made aware that a vulnerable person is in direct danger, we are legally obligated to make our concerns known to the appropriate authorities.
- **Harm to Self or Others:** If at any time it is our clinical assessment that your actions or intentions are of a threatening nature to yourself or others we have a legal obligation to make these concerns known to the appropriate authorities.
- **Order of the Court.** The Court of the Cayman Islands may at any time request information regarding your treatment where it is applicable to current or pending criminal case proceedings.
- **Professional Supervision.** The Wellness Centre operates as a team structure and performs professional best practices such as clinical meetings, supervision, and consultations in order to ensure the most beneficial care in collaboration with internal practitioners. No outside professionals will be involved. Any conflicts of interest will be identified and may be avoided upon request.

Corporate Partners

All employees of our Corporate Partners receive individual, family, and couples counselling at no cost to them. Family members of employees may also receive free services or a Corporate Partner discount depending on the company. Corporate Partner employees also receive a discount for specialized services. Our 2017 Corporate Partners are: **Appleby Cayman Ltd., Appleby Trust, Estera Ltd, Butterfield, KPMG, Water Authority, & Walkers Global.** Please identify yourself as an employee of one of these companies at the time of booking.

Complaints

If at any time you believe your rights have been violated or you have concerns about the quality of service received you are encouraged to speak to your therapist. If you are not able to resolve your concerns, you may contact the Director, Shannon Seymour, in writing. *Client Satisfaction Surveys* are also available at your request. If no course of action has been helpful to you, you also have the right to speak to a member of the Health Practice Commission at 949.2813 or <http://www.dhrs.ky/hpc/contact.php>. The Cayman Islands Council for Professionals Allied with Medicine has set out a code of practice and guidelines for the provision of counselling services for your protection.

As a legal guardian of the named child, I give consent to the following services for the child (affirms denies):

- Clinical Assessment
- Audio-taping
- Home Visit
- Counselling/Psychotherapy
- Drug/Alcohol Testing
- Video-taping
- Psycho-Educational Assessment*
- Other: _____

In order for minors to receive psychological services, it is necessary for the parent(s) or legal guardian(s) to provide informed consent to service providers, unless otherwise stipulated by law. By completing this form I acknowledge that I have legal parental responsibility or have otherwise been delegated legal parental responsibility by the child's mother or other legal guardian.

By signing below, I/We understand that consent shall remain valid for the duration of services at The Wellness Centre and not longer than 90 days from the date of the last contact. I affirm that I am under no legal obligation to obtain permission in conjunction with any other person or entity. I have been informed that I may revoke this consent by written communication to The Wellness Centre at any time. I certify that this form has been fully explained to me and that I understand its contents.

Name Signature Date (DD/MM/YY)

Name Signature Date (DD/MM/YY)

Witness Signature Date (DD/MM/YY)
